



Ballard R-2 School
Lunch Menu
"The USDA is an equal opportunity
Provider and employee"

October 2016



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|--|--|---|
| White 1% Milk, Skim Milk, and Fat Free Chocolate Milk Served Daily | | | | | | 1 |
| 2 | 3 Corn Dog Chips & Salsa Watermelon Ice Cream Cup | 4 Hamburger on Bun Tater Tot Veggies w/Dip Apple Salad | 5 Nacho Deluxe Corn Pineapple Iced Graham Cracker | 6 Chicken Strips Mashed Potatoes Broccoli w/ Cheese Peaches Bread | 7 Pizza Green Beans Apple Peanut Butter Brownie | 8 |
| 9 | 10 Chicken & Noodles Wheat Roll Mashed Potatoes Sliced Carrots Apple | 11 Taco Salad Colored Pepper Strips Refried Beans Peaches Cinnamon Graham | 12 Chicken Wrap w/Lettuce & tomato Spanish Brown Rice Seasoned Veggies Fresh Fruit Salad | 13 Spaghetti Garlic Toast Garden Salad Green Beans Dried Cranberries | 14 Pig n Blanket Roasted Potatoes Broccoli w/ Cheese Mandarin Oranges | 15 |
| 16 | 17 Ham Slice Baked Potato Green Beans Mixed Fruit Roll | 18 Deli Turkey Sand. Pasta Salad Chips Veggie w/ Dip Apple | 19 Hamburger Patty w/ Onions, Peppers Mashed Potatoes Peas Pear Bread | 20 Burrito w/ Lettuce/Tomato Chips & Salsa Corn Peaches | 21 Meatball Sub Potato Wedges Sliced Carrots Banana | 22 |
| 23 | 24 Chef Salad Snack Crackers Fruit Salad Sugar Cookie | 25 Chicken Patty Mashed Potatoes Sliced Carrots Pineapple Bread | 26 Hamburger on Bun French Fries Corn Strawberry Shortcake | 27 Sloppy Joe Mac & Cheese Green Beans Mixed Fruit | 28 Rib-B-Q on Bun Baked Beans Pickle Spears Pear Banana Cake | 29 |
| 30  | 31 Grilled Ham & Cheese Potato Wedges Mandarin Oranges Cake | | | | |  |